

# **Hypnosis and Hypnotherapy for Healthcare Professionals**

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**Hypnosis is one of the most powerful therapeutic tools you will ever have!**

**This is an 8-week exploration of the many uses of hypnosis including dealing with trauma, depression, anxiety, pain, habit disorders, sleep problems, and mind-body issues.**

**It is taught by Dr. Candida Maurer, a psychologist with over 40 years of hypnotherapeutic experience.**

**Dates: Thursday, September 30, 2021 through Thursday, December 2, 2021.  
(no class on Thanksgiving)**

**Time: 2-4pm**

**Location: Heartland Yoga Studio, 221 E. College St, Suite 213, Iowa City**

**Cost: \$800 (early bird discount is \$700 if paid by June 30th)**

**Continuing education units are available:**

**16 hours for \$160**

**13 hours of general education for \$130, and 3 hours of ethics for \$50 (\$180 total)**

**Class size is strictly limited to 16 participants.**

***All classes will be held in person! It is expected that you are vaccinated.***

**This class is appropriate for healthcare professionals including psychotherapists, social workers, physicians, nurses, physician assistants, and graduate students in these professions.**

**Please make checks out to Candida Maurer, PhD., and mail to the above address.**